

Psalm 62

- ¹ Truly my soul finds rest in God;
my salvation comes from him.
- ² Truly he is my rock and my salvation;
he is my fortress, I will never be shaken.
- ³ How long will you assault me?
Would all of you throw me down—
this leaning wall, this tottering fence?
- ⁴ Surely they intend to topple me
from my lofty place;
they take delight in lies.
With their mouths they bless,
but in their hearts they curse.^[b]
- ⁵ Yes, my soul, find rest in God;
my hope comes from him.
- ⁶ Truly he is my rock and my salvation;
he is my fortress, I will not be shaken.
- ⁷ My salvation and my honor depend on God^[c];
he is my mighty rock, my refuge.
- ⁸ Trust in him at all times, you people;
pour out your hearts to him,
for God is our refuge.
- ⁹ Surely the lowborn are but a breath,
the highborn are but a lie.
If weighed on a balance, they are nothing;
together they are only a breath.
- ¹⁰ Do not trust in extortion

or put vain hope in stolen goods;
though your riches increase,
do not set your heart on them.

¹¹ One thing God has spoken,
two things I have heard:

“Power belongs to you, God,

¹² and with you, Lord, is unfailing love”;
and, “You reward everyone
according to what they have done.”

Old Testament Reading - Jonah 3:1-5 & 10

Jonah Goes to Nineveh

3 Then the word of the LORD came to Jonah a second time: ² “Go to the great city of Nineveh and proclaim to it the message I give you.”

³ Jonah obeyed the word of the LORD and went to Nineveh. Now Nineveh was a very large city; it took three days to go through it. ⁴ Jonah began by going a day’s journey into the city, proclaiming, “Forty more days and Nineveh will be overthrown.” ⁵ The Ninevites believed God. A fast was proclaimed, and all of them, from the greatest to the least, put on sackcloth.

¹⁰ When God saw what they did and how they turned from their evil ways, he relented and did not bring on them the destruction he had threatened.

New Testament Reading – 1 Corinthians 7:29-31

²⁹ What I mean, brothers and sisters, is that the time is short. From now on those who have wives should live as if they do not; ³⁰ those who mourn, as if they did not; those who are happy, as if they were not; those who buy something, as if it were not theirs to keep; ³¹ those who use the things of the world, as if not engrossed in them. For this world in its present form is passing away.

Gospel Reading – Mark 1:14-20

Jesus Announces the Good News

¹⁴ After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. ¹⁵ "The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!"

Jesus Calls His First Disciples

¹⁶ As Jesus walked beside the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake, for they were fishermen. ¹⁷ "Come, follow me," Jesus said, "and I will send you out to fish for people." ¹⁸ At once they left their nets and followed him.

¹⁹ When he had gone a little farther, he saw James son of Zebedee and his brother John in a boat, preparing their nets. ²⁰ Without delay he called them, and they left their father Zebedee in the boat with the hired men and followed him.