



IN TOUCH

with the ministry and people of Living Word

Volume 34, Issue 12

March 23, 2025

"When You Feel Angry"

The Bible gives us three keys to handling our anger the right way. Let's look at each one and see what we can learn:

1) 'Be quick to listen.' Don't react, and don't rush to judgment. Slow down and try to get the facts, then prayerfully and carefully consider how God wants you to respond.

2) 'Slow to speak.' If you're unsure, or you don't know, just say so. There is an old Chinese proverb that says, 'It's better to say nothing and appear to be a fool than to open your mouth and confirm it.' Your need to be in control, or to look like you have all the answers, can come back to bite you. What you don't say, you won't have to explain or apologize for later.

3) 'Slow to get angry.' Note, the Bible doesn't say that you should never get angry. It says you should get angry about the right things, in the right way, at the right time. Solomon says, 'Control your temper, for anger labels you a fool' (Ecclesiastes 7:9). That's why it's so important to deal with your hurts. An unhealed wound causes pain which often manifests itself in anger. The trouble is, we carry our anger around with us and vent it on others. As a result, they distance themselves from us, or distrust us, or deny us the intimacy and closeness we desire with them.

The Bible says, 'The discretion of a man makes him slow to anger, and his glory is to overlook a transgression' (Proverbs 19:11). Christ-like character grows through exercising patience, love, and restraint.

Your anger may or may not hurt the person towards whom it's directed, but it can definitely hurt *you*. Prolonged anger releases toxic chemicals into your body that elevate your blood pressure, create cholesterol, and increase your risk of stroke and heart attack. Every minute given to anger is a minute taken away from joy. And it can hurt you personally and professionally. Everybody gets upset from time to time. But when you walk around with your anger barely concealed, people avoid you. Plus, you're giving whoever angers you power over your attitude and your responses. That's too much power to give anybody! God wants you to live in peace. Here is how to let go of your anger:

1) Recognize the main hurt and emotion at the root of your anger. (Pride?)

2) Become mindful of how your anger is exhibiting itself (such as surliness or profanity).

3) Restrain anger's effect on your body by inhaling deeply and exhaling, adding an affirmation such as 'Thank You, Father' or 'I receive Your peace now.' Watch your tone of voice in all your communications, not just with someone who has angered you. Request rather than order. You will feel more in control, and people will be more inclined to cooperate with you.

4) Decide to forgive. You will know you have forgiven when you no longer desire to see your offender penalized. Don't mistake this with the reality that you still feel hurt. Feelings follow behavior. If you continue to reopen the wound by constantly talking about it, it will never heal. Just keep walking in love, and your emotions will fall into line with your decision.

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PRAYER CHAIN

REQUESTS

Eleanor Galik
for immediate prayers



Living in the Word...that the
Word may live in others.

Living Word Lutheran Church

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Orland Park, IL 60467

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CHURCH OFFICE HOURS
Mon - Fri 9 am - 2 pm

SUNDAY SCHEDULE
9:15 am Adult study

This Week at Living Word

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23 9:15am Adult Bible Study 10:00am Blend-ed Communion Worship Service	24	25 10:00am Push Prayer Spring Break—No Preschool	26	27 7:00pm Council Meeting	28	29

March Celebrations

Happy Anniversary



March 25 Peter & Donna Wasilkoff

Stewardship Snapshot

March 16th

18 Worshipped

6 Watched Online

24 Total Worshipped

Financial Support

637.00 General Fund Total Deposit

Devotional Time

Opportunities to Connect with God

PUSH PRAYER will be available on Zoom now for any of our out-of-towners and/or shut-ins to join us., I will email the link on Monday afternoons or Tuesday mornings, so it would be easier for you to find the email in your inbox. Just click on the link and it will connect you to the group. **Please see below for the Zoom info for the PUSH PRAYER on March 25th.**

<https://us02web.zoom.us/j/84076099900?pwd=d3BxLBWbTlZRVpuSGhgTXc2dGRldz09>

Meeting ID: 840 7609 9900 Passcode: 427470

Join Zoom Meeting—One tap mobile

+13126266799,,84076099900#,,,,*427470# US (Chicago)

+13092053325,,84076099900#,,,,*427470# US

RADIO & TV OPPORTUNITIES

- **Worship Anew**—8:00 a.m. Sunday - Comcast channel 184 (TLN) & 8 (SD) , WPWR channel 50, AT&T U-verse channel 1008 (HD) & 8 (SD), Dish Network # 8495; 10:30 a.m. Sunday - DIRECTV channel 377 (TCT)
- **The Lutheran Hour** 10 a.m. and 6 p.m. Sundays on 1230 AM; and 9:30 a.m. Sundays on 1580 AM

DEVOTIONAL OF THE WEEK *We were given this hope when we were saved. If we already have something, we don't need to hope for it. But if we look forward to something we don't yet have, we must wait patiently and confidently.* -Romans 8:24-25 (NLT)
 What are you hoping for? As Christians we have the hope and promise that we will be with God, no longer tempted by sin or limited by our present mortal bodies. The journey to this end will not always be easy, but it will surely be worth it. Stay in the fight, and look forward with hope.

VERSE OF THE MONTH ³ For what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, ⁴ that he was buried, that he was raised on the third day according to the Scriptures. *1 Corinthians 15:3-4.*



WWW.AGNUSDAY.ORG

1 CORINTHIANS 10:1-13

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LIVING WORD LUTHERAN CHURCH

Easter Egg Hunt

April 13th at
11:30am

Get ready for an egg-citing adventure at our Easter Egg Hunt! 🎉 Registration is a must to ensure we have plenty of eggs and space for everyone to join in on the fun. The hunt kicks off at 11:40 AM sharp! ☀️ Open to kids ages 1 to 13, we have three areas categorized by age groups, ensuring a safe and enjoyable experience for all.

Everyone will be hunting at the same time. This outdoor event is happening rain or shine please dress accordingly.

Don't forget to bring your own bag or basket to collect all those colorful eggs. 🐣🌻

Register online at
<https://livingwordorland.org/childrens-activities/easter-egg-hunt-2025/>

Living Word Lutheran Church
16301 Wolf Road Orland Park, IL 60467
www.livingwordorland.org

Easter Egg Hunt 2025

EASTER EGG HUNT 2025 is coming quickly. Even though Easter is later this year, that time is fast approaching. It is scheduled for April 13th following our Palm Sunday worship service. We are hoping that it will be much better weather that day. If you are able to stay for a little while, we would greatly appreciate it if you could help check families in and direct their children to the appropriate age groups. We would also need people that come a little early to help spread out all those eggs. Diana already has over 90 kids that signed up for the event. All of our former preschool families already jumped on the website to get registered also.



Mission of the Month

MARCH MISSION OF THE MONTH is our Technology Fund. We are hoping to upgrade our projectors and sound system in the sanctuary in the upcoming months. We know that both the projectors/screen and the sound system leave a lot to be desired and are outdated. We are getting quotes from a couple of different sources, one is from the company that helped us get the new copier, and the other one will be from some of our more technical minded members, lol. We will also need to help Mrs. Diana out with a new laptop for the preschool, I guess she is just doing too much teaching, lol.

March Mission of the Month Technology Fund

**We are looking to upgrade our
projectors, sound system, and
Preschool laptop.**

Living Word News

ASPIRE WOMEN'S EVENT will be on Friday, April 4th at 7:00pm. The event will be held at Calvary Assembly of God Church, located at 18620 Governors Highway in Flossmoor. They will have an author and Bible teacher, comedian and a musician. There are handouts and information on the desk in the fellowship hall, and if you would like more information, please come see me in the office or give me a call.

VBS 2025 is now being posted and advertised on the website and Facebook, and several of our past VBS families have already commented and liked the new update! Diana has already reached out to the high schools last week to have them post for volunteers. If you know any high schoolers that need community service hours, this is a great way to get at least 20+ hours if they are able to work the whole week. We still have some volunteers who are working and going to college that has told Diana they will help out as much as possible. Sherri Grecci will of course be here helping out with snack time each day too.

VBS 2025



CONGREGATIONAL MEETING was announced last Sunday that we would have a meeting on **Sunday, March 30th**, Shortly after our worship service, We appreciate all of those who are able to attend the meeting to be here in person. This will be a voter's meeting, as we will be sharing several different possibilities that have come to our attention over the past couple of months. I will be sending out a private link to watch the meeting online. The Call committee will give a brief update and the council will be presenting a few different projects that they are working on to make improvements to our church. Please plan on attending this meeting for our church.

Sunday, March 30th

CONGREGATIONAL MEETING

PLEASE JOIN US

3-23-2025 Message Outline

“The Kiss of God”

Psalm 85 says: *Love and faithfulness meet together; righteousness and peace kiss each other*” Righteousness and peace kiss at Christ’s cross...

1) God's righteousness requires our REPENTANCE.

⁷“Son of man, I have made you a watchman for the people of Israel; so hear the word I speak and give them warning from me. ⁸When I say to the wicked, ‘You wicked person, you will surely die,’ and you do not speak out to dissuade them from their ways, that wicked person will die for their sin, and I will hold you accountable for their blood. ⁹But if you do warn the wicked person to turn from their ways and they do not do so, they will die for their sin, though you yourself will be saved. ¹⁰“Son of man, say to the Israelites, ‘This is what you are saying: “Our offenses and sins weigh us down, and we are wasting away because of them. How then can we live?”’ ¹¹Say to them, ‘As surely as I live, declares the Sovereign LORD, I take no pleasure in the death of the wicked, but rather that they turn from their ways and live. Turn! Turn from your evil ways! Why will you die, people of Israel?’ ¹²“Therefore, son of man, say to your people, ‘If someone who is righteous disobeys, that person’s former righteousness will count for nothing. And if someone who is wicked repents, that person’s former wickedness will not bring condemnation. The righteous person who sins will not be allowed to live even though they were formerly righteous.’ ¹³If I tell a righteous person that they will surely live, but then they trust in their righteousness and do evil, none of the righteous things that person has done will be remembered; they will die for the evil they have done. ¹⁴And if I say to a wicked person, ‘You will surely die,’ but they then turn away from their sin and do what is just and right— ¹⁵if they give back what they took in pledge for a loan, return what they have stolen, follow the decrees that give life, and do no evil—that person will surely live; they will not die. ¹⁶None of the sins that person has committed will be remembered against them. They have done what is just and right; they will surely live. ¹⁷“Yet your people say, ‘The way of the Lord is not just.’ But it is their way that is not just. ¹⁸If a righteous person turns from their righteousness and does evil, they will die for it. ¹⁹And if a wicked person turns away from their wickedness and does what is just and right, they will live by doing so. ²⁰Yet you Israelites say, ‘The way of the Lord is not just.’ But I will judge each of you according to your own ways.”

Ezekiel 33:7-20

2) God's faithfulness forges our FAITH.

For I do not want you to be ignorant of the fact, brothers and sisters, that our ancestors were all under the cloud and that they all passed through the sea. ²They were all baptized into Moses in the cloud and in the sea. ³They all ate the same spiritual food ⁴and drank the same spiritual drink; for they drank from the spiritual rock that accompanied them, and that rock was Christ. ⁵Nevertheless, God was not pleased with most of them; their bodies were scattered in the wilderness. ⁶Now these things occurred as examples to keep us from setting our hearts on evil things as they did. ⁷Do not be idolaters, as some of them were; as it is written: “The people sat down to eat and drink and got up to indulge in revelry.” ⁸We should not commit sexual immorality, as some of them did—and in one day twenty-three thousand of them died. ⁹We should not test Christ, as some of them did—and were killed by snakes. ¹⁰And do not grumble, as some of them did—and were killed by the destroying angel. ¹¹These things happened to them as examples and were written down as warnings for us, on whom the culmination of the ages has come. ¹²So, if you think you are standing firm, be careful that you don’t fall! ¹³No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it. 1 Corinthians 10:1-13

3) God's pardon produces our PEACE.

Now there were some present at that time who told Jesus about the Galileans whose blood Pilate had mixed with their sacrifices. ²Jesus answered, “Do you think that these Galileans were worse sinners than all the other Galileans because they suffered this way? ³I tell you, no! But unless you repent, you too will all perish. ⁴Or those eighteen who died when the tower in Siloam fell on them—do you think they were more guilty than all the others living in Jerusalem? ⁵I tell you, no! But unless you repent, you too will all perish.” ⁶Then he told this parable: “A man had a fig tree growing in his vineyard, and he went to look for fruit on it but did not find any. ⁷So he said to the man who took care of the vineyard, ‘For three years now I’ve been coming to look for fruit on this fig tree and haven’t found any. Cut it down! Why should it use up the soil?’ ⁸“‘Sir,’ the man replied, ‘leave it alone for one more year, and I’ll dig around it and fertilize it. ⁹If it bears fruit next year, fine! If not, then cut it down.’”

Luke 13:1-9